

APRIL 2024

Leicester Integrated Pre-School Lunch Menu

Available Daily: Bagel Meal W/ Whole Grain Bagel & a 4oz. Yogurt; includes the Fruits & Vegetables available with that days' meal. White 1% milk is available FREE when ordering a meal or \$.60 when just Purchasing milk.

Monday **Tuesday** Wednesday **Thursday** Friday Taco Tuesday! **Grilled Cheese** Pizza Bites 5 Hamburger Chicken Tenders Ground Beef W/ W/ Sauce On a Whole Grain Bun On Whole Grain Bread Fresh Garden Salad Garden Salad **Baked Tostado Scoops Steamed Carrots** Lettuce & Tomato, Fries **Baked Baby Potatoes** Mixed Fruit Cup Three Bean Salad Lettuce, Tomato, Cheese Strawberry Cup Peach Cup Assorted Fresh Fruit Low Fat Milk Corn, Apple Sauce Low Fat Milk Low Fat Milk Low Fat Milk Low Fat Milk Turkey & Cheese Rollup Chicken patty Chicken Nuggets Pizza **Grilled Cheese** On Whole Grain Wrap W/ Sweet & Sour Sauce Fresh Garden Salad On a Whole Grain Bun On Whole Grain Bread Red & Green Pepper Rice, Steamed Broccoli Apple Sauce Cup Lettuce & Tomato. Green Beans Strips W/Dip Baked Beans, Carrot Salad Mandarin Orange Cup Low Fat Milk Assorted Fresh Fruit Pear Cup **Apple Slices** Low Fat Milk Low Fat Milk Low Fat Milk Low Fat Milk 15 16 18 19 **Spring Spring Spring Spring Spring Vacation Vacation Vacation Vacation Vacation** No School No School No School No School No School Turkey & Cheese Rollup 23 Chicken Tenders 2/1 Creamy Macaroni 22 Egg & Cheese Pizza On Whole Grain Wrap Sweet Potato Gems Fresh Garden Salad Sandwich & Cheese W/ WG Roll Red & Green Pepper Mixed Fruit Cup Baked Beans Tater Tots, Carrot Sticks Roasted Broccoli Strips W/ Dip **Orange Smiles** Fruit Cup Low Fat Milk Assorted Fresh Fruit **Apple Slices** Low Fat Milk Low Fat Milk Low Fat Milk Low Fat Milk Popcorn Chicken 30 Hamburger 29 On a Whole Grain Bun Corn Mashed Potatoes Lettuce & Tomato, Carrots Potato Smiles Peach Cup Pear Cup Low Fat Milk Low Fat Milk

Choose AT LEAST 3 out of 5 meal components to be considered a complete meal. A Fruit or Vegetable are MANDATORY with a meal.

The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, & Vegetable